

SOLVING the MYSTERY of SOCIAL ENCOUNTERS®



PLEASE ENTER THE INTERNATIONAL SECRET AGENT TRAINING HEADQUARTERS ...

Does your child like computer games?

Would they like to learn how to detect and regulate their emotions as a 'cadet secret agent'?

Do you want an engaging, innovative group program that supports your child at home and school?

Raising a child with an Autism Spectrum Conditions (ASC) can be both very rewarding and extremely challenging. Children with Autism and Asperger Syndrome often find it difficult to understand their own emotions and those of others, to express their feelings in appropriate ways and make friends. The Secret Agent Society (SAS) social skills program creates a fun, non-threatening environment in which children can learn the skills they need to become happy, well-adjusted and valued members of our society.

SAS is a 12-week group emotion regulation and social skills program for children with Asperger Syndrome aged between 8 and 12. While in training to become a secret agent, your junior detective will develop essential life skills such as:

- how to recognise emotions in themselves and others
- express their feelings in appropriate ways
- talk and play with others
- make and keep friends
- cope with change and deal with bullying.



www.sst-institute.net | sas@sst-institute.net



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The highly engaging SAS program features an animated computer game (finalist 2009 *Australian Interactive Media Industry Association Educational Game of the Year*) and child group therapy sessions which are supported by strategic play activities such as:

- the Challenger Board Game
- walkie talkie voice transmission
- Helpful Thought Missile action Game
- Body Clues Freeze Game

Mastering the skill of mind reading is top priority for our cadet secret agents. That is why child group sessions are complemented by parent education, teacher tip sheets, real-life missions and a system to monitor progress and reward achievement. With this network of support behind them, cadets learn how to use their new skills in different situations. And just in case they find themselves in a tight spot, a wallet of 'secret' code cards is always on hand to provide back up.

SAS is attracting increasing international attention following a University of Queensland trial which showed 76 per cent of children improved from having clinically significant delays in social functioning to showing social skills within the range of typically developing kids. More research projects are now underway including a trial of SAS delivered in a school setting.

To enrol your child in a SAS group program, please contact Melissa Juzva on (03) 9020-0265 or juzvam@gmail.com

For more information regarding the SAS program and resources, please visit <u>www.sst-institute.net</u>.

"This program is a great resource for clinicians, teachers and families. It provides the skills and resources needed to fully engage children on the autism spectrum – and make learning fun! I highly recommend the Secret Agent Society program as the resources are innovative, well targeted and can make a big difference to how children on the spectrum manage their home and school life."

Dr Tony Attwood, International expert on Asperger Syndrome

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